

		Recipe by Contributor and Food Type									
		Appetizers, Beverages	Breads, Muffins	Salads	Soups, Stews	Beef, Pork, Lamb	Seafood, Poultry	Pasta, Cassaroles	Veggies, Vegetarian	Desserts	Assorted Surprises
Marion	Bank									158, 165	
Suzi	Beatie			57			99				199, 201
Lynea	Bernhard									174	
Pamela	Berg	29								156	
Liz	Burd	22					93				
Maxine	Cohen	25									
Judy	Coker						94, 96				
Glenda	Corning		35								
Dee	Fratus								146		
Maria	Freitas		38, 41			83				177	
Barbara	Friday						102				
Becky	Frye								134,136, 144,148, 150		
Armelle	Futterman			59		86, 87, 89		122		163, 179	202,204,206
Phyllis	Galanis									192	
Ellen	Greenwald				72		101, 104			184	200
Jana	Haehl	21							137	173	
Kathleen	Hartzell				70						
Katharine	Hermann		44						145		
Elinor	Herzoff										
Katie	Hooper					80					
Lee	Howard			52							
Claudia	Keast				66, 71		100			190	
Spring	Kraeger								138		

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Jette	Kristensen					81				174	
Helen	Lambert							123			
Karen	Larson				67						
Stella	Lee				65			118, 125		171, 187	203
Cheryl	Longinotti		36, 42						131	188	
Janis	Luft	27, 28			74					194	
Diane	Lukas						105				
Agneta	Lyle									186	
Marie	McDevitt		37		75						
Jane	McEwen			51						172	
Laura	Merlo			61						180	
Anne	Miller								142		
Rachel	Miller		34		71						
Sylvia	Mills	23, 24									207
Robin	Moller	18		53			97				
Diana	Mousley						108	117, 124			
Vicki	Newton				68	84					
Alicia	Pereira							126			
Fran	Prewitt						107				
Jane	Purkey									185	
Joyce	Quinn		39			79					
Becky	Reed								133		
Laura	Richards								140		

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Marilyn	Ryan					82				181	
Janet	Sayles		33				103	116, 120		178, 183	
Jan	Shaw		43								
Chiz	Shiro						110			159, 175	
Nadine	Smith	22, 26								193	
Patricia	Stoliar								143	183	
Catherine	Tobin		40	56							
Janet Prosse	Tobin									162	
Susan	Topor	19				88			149	164, 167	
Dena	Van Derveer									168, 170	
Linda	Varonin	17, 30	46	49, 50, 54, 55, 60			106, 109,111	119,121, 127,128	135, 141	166,176, 191,196	205
Joan	Vaughan									160	
Joanne	Walker							115			
Donna	Wenig	30	45							155	
Mary Lou	Widdifield	19, 20							132	161, 182	
Elinor							95				