

CMWIC NEWS for NOVEMBER 2020

<u>Hear About COVID 'Contact Tracing' at November 10 Meeting – And Play 'Who Did That?' Member Trivia</u>

Retired nurse Jill Aggersbury and CMWIC member and retired nurse practitioner Janis Luft volunteer as case investigator/contact tracers with Marin Health and Human Services. They,



and others like them, seek to prevent the spread of COVID-19 by interviewing newly diagnosed people and then letting those with whom they've been in contact know that they may been exposed. This means they can be tested early, get medical care if needed, and isolate before they unintentionally spread the coronavirus further.

Together, Janis and Jill will speak to us about the art of medical sleuthing at our General Meeting via Zoom on Tuesday, November

10 at noon.

Case investigator/contact tracers must have a license as a healthcare provider or therapist, along with empathy.



"I have 50-plus years of experience and knowledge," Aggersbury said. "Somebody recently said to me that nothing can prepare you for this job. It can be very emotional and hard work."

Member Trivia - "Who Did This?"

After hearing from our speakers, we'll play "Who Did This?" Janis Luft has been doing a fantastic job of preparing this fun game for us and everyone who plays is so grateful.

November General Meeting Via Zoom November 10, 12:00 PM Join Zoom Meeting: https://us02web.zoom.us/j/2240949581?pwd=SU5aRjFIM0REVDd6TUpsa2ZFaXRIQT0

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Meeting ID: 224 094 9581 Passcode: CMWIC2020

For December, let's see if we can have a holiday-oriented trivia game. Send photos of your young self on Santa's knee, or in your elf costume, or lighting the menorah, or opening presents with your children or siblings. If we send Janice a half-dozen or more, that will be enough for a game on December 8.

Be sure to look for old photos now so you can send them soon! Seeking any photos, not limited to holiday mementos. And stories about yourself are also great. Send to Janis Luft janisluft@comcast.net.

Business Meeting November 4, All Members Welcome

All CMWIC members are invited to attend the board's Business Meeting on Wednesday, November 4, at 2:00 PM. Among the topics will be ideas for speakers and how the club can celebrate the holidays. If you have ideas, please join us.

"CMWIC Business" Zoom Meeting

Wednesday, November 4, 2:00 PM

Join Zoom Meeting:

https://us02web.zoom.us/j/2240949581?pwd=SU5aRjFIM0REVDd6TUpsa2ZFaXRIQT0

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Meeting ID: 224 094 9581 Passcode: CMWIC2020 Dial: +1 669 900 6833 Passcode: 885080917

Walking Tour of Mount Olivet Cemetery on November 13



Marcie Miller at Elks Club Walk

Interred in San Rafael's Mount Olivet Cemetery are some of the county's most prominent pioneers--along with murderers who were executed at San Quentin. On Friday, November 13, at 10:00 AM, historian Marcie Miller will lead a guided tour of this fascinating graveyard.

Participants will visit the graves of:

- One of San Rafael's original land grantees, Timothy Murphy, aka Don Timoteo, an Irishman who became a naturalized Mexican citizen and administrator of the mission lands.
- Barbara Elaine Graham, executed at San Quentin in 1955, whose story became the 1958 movie, "I Want to Live!" for which actress Susan Hayward won an Oscar.
- Ethel Spinelli, dubbed "The Duchess," who, in 1944, became the first woman put to death in San Quentin.

Land donated by John Lucas in 1897 allowed for the relocation of those originally buried at Mission San Rafael. Learn about cemetery statuary, victorian beliefs, and why San Rafael was moving gravesites.

Meet at the cemetery (near Guide Dogs for the Blind), 270 Los Ranchitos Rd. San Rafael.

Wear a mask and comfortable walking shoes. Tour lasts about an hour. Donation of \$10 for our guide will be collected at the end.

RSVP to linda.varonin@gmail.com.

Knitting Group Meets November 20

Come bring your needlework projects and meet with the knitting group on Friday, November 20, at 11:00 AM at the picnic tables under the redwoods in CM Town Park, across from the post office. We stay about an hour, wearing masks and keeping socially distant. Bring your own chair or sit at the picnic tables.

All levels are welcome.

Please RSVP to linda.varonin@gmail.com.



Armelle and Donna

Book Group December 1: "The Orphan of Florence"

To avoid conflicting with activities around Thanksgiving, the Book Group meeting has been moved to Tuesday, December 1, at 1:30 PM. Armelle will send a confirmation email that will include location during the last week of November. We will discuss "The Orphans of Florence" by Jeanne Kalogridis.

This is an open group and all members are welcome.

Here are some books suggested by group members:

- "Tie Die" by Max Tomlinson (recommended by Donna)
- "Circe" by Madeline Miller (recommended by Jane)
- "Our Declaration" by Danielle Allen (recommended by Cheryl)
- "A Wheel Within a Wheel" by Frances E. Willard (recommended by Cheryl)

Happy reading!

If you have questions regarding the book club, please contact Donna Wenig donna.wenig@gmail.com or Armelle Futterman rmalvanfutt@gmail.com.

"Social Hour" Zooms: Two Offered in November

"Zoom Social Hours" are drop-in meetings with no agenda, just friendly faces and conversation. They are normally held the first, third, and fourth weeks of each month.

Becky Reed has been hosting a Zoom Social Hour on the fourth Thursday of each month. In November and December, however, fourth Thursdays fall on Thanksgiving and Christmas Eve, so the Thursday Social Zooms are canceled.

Here is the November schedule:

Cheryl Longinotti will host a social hour on the **first Monday** of the month, **November 2**, at 1:00 PM.

Join Zoom Meeting:

https://us02web.zoom.us/j/8362928438

Meeting ID: 836 292 8438

Jana Haehl will host a social hour on the **third Tuesday** of the month, **November 17**, at 1:00 PM.

Join Zoom Meeting:

https://us04web.zoom.us/j/5532664079?pwd=Y21kTjhrenNyTUEzQ2pHOVpFUXNlZz09

Meeting ID: 553 266 4079

Photos from Recent Club Activities

Vice President Cheryl Longinotti visited the Knitting Club members with an important message on her mask.

