



## CMWIC NEWS for September 2022



### **A Note from Our New President, Suzi Beatie**

Hi, Everyone,

It's time to meet again after our summer hiatus. Hooray! It will be so good to see you all!

Thank you for choosing me to be your president this year. I'm looking forward to helping us have a fun and interesting year. Please let me and the board know what we can do to make the club better for you personally and for the community. We will have a suggestion box at our meetings, so please let your thoughts and ideas be known! Many thanks to Linda Varonin for making the box, pictured here.

We are eager to have our potluck lunches again as soon as possible, but this month's meeting will be different. We will have cool refreshments on the patio from noon to 12:30, then a BYO Brown Bag Lunch inside the Community Center, with homemade cookies and a great fun speaker!



We have acted with caution during this pandemic to help protect ourselves and our more vulnerable members. Following the Marin County Department of Health and Human Services recommendations for senior gatherings has proven to be wise for us, so let's keep enjoying the things that we can do together.

I hope to see you on September 13!

**Suzi**

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### **Author Vicki Larson to Speak September 13**

*CM Community Center*

Author and journalist Vicki Larson will join us at our September meeting for an empowering and provocative conversation about aging as a woman. We will gather on the CM Community Center patio area at noon for refreshments and social time and then head inside to listen to Larson and enjoy our BYO Brown Bag lunches about 12:30 PM.



Vicki Larson is an author and an award-winning lifestyles editor, writer, and columnist at the Marin IJ. Her latest book, "Not Too Old for That: How Women Are Changing the Story of Aging," uses solid science to show how ageist and sexist narratives influence women's decisions and harm our health.

She addresses invisibility, romantic relationships, friendship, health, beauty, and money. She hopes this book will help change the narrative about being a woman at midlife and older. "We have an opportunity to create new narratives of aging as a woman, ones that value all stages of life, not just youth," she writes in her blog. "We can move past the stereotypes that are holding us back and tap into just how much agency we have."

*Booklist* says of Larson's book, "Readers will be encouraged to embrace aging and feel more valued, vibrant, financially secure, and open to love. Larson's message is empowering." *The Mercury News* calls her book "insightful and provocative."

**NOTE:** Because of the ongoing Covid surge, everyone must wear a mask inside the community center except when eating. BYO Brown Bag Lunch. Join us at noon to 12:30 for lemonade refreshments on the patio. Speaker from 12:30-1:30 pm.

Please **RSVP** as soon as possible. We need to let the Community Center know the number of chairs for set up.

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**All Members Welcome to Business Meeting September 13**

All CMWIC members are invited to attend the board's Business Meeting on Tuesday, September 13, at 10:30 AM. No RSVP necessary. Be sure to wear a mask, which is required inside the CMCC.

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### **Stay Connected Through the CMWIC Facebook Page and Website**

Linda Varonin regularly updates the CMWIC Facebook page and takes many of the photos you can see there; we all owe her our gratitude for yet another of her many contributions to the club.

Cheryl Longinotti maintains our CM Women's Club Website. Much of it is viewable by the public but as a member, you can go to the "For Members Only" page to find a membership roster with phone numbers.

#### **New Signon:**

**Username:** Since 1907

**Password:** OAC&counting (the phrase to remember is Over A Century & counting)

A big thank you to Cheryl for her diligence and dedication to keeping up our website -- next time you see her, don't hesitate to shout, "Góðan daginn" (pronounced "go-thah-n die-in" (Icelandic language). You may use English to tell her what a great job she's been doing.

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### **CMWIC Officers**

We have a terrific bunch of women in our club; here are some who are helping in specific areas. Our elected Executive Board members are:

Suzi Beatie – President

Laura Merlo – Vice President

Pam Berg – Recording Secretary

Armelle Futterman – Membership

Rachel Miller – Treasurer

Hospitality – Claudia Keast

Parliamentarian – Jan Shaw

Historian – Jana Haehl

Auditor – Joannie Vaughan

The club wouldn't be what it is without these **greats** who lead us in communication and activities that are both educational and fun!

Laura Merlo – Newsletter

Cheryl Longinotti – Website

Marie McDevitt – Speaker Chairperson

Linda Varonin – Creative Director; Ladies Who Lunch; Knitting

Jana Haehl – Bridge Club

Marion Bank & Donna Wenig – Book Club

Becky Reed – At Large

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## **CMWIC Membership Renewal**

September is generally a most beautiful time of year in the Bay Area, especially the time when we get together again after two long months of hiatus. It is also the time to **renew your club membership** and make sure that we have your updated contact information.

Last month all of you received a letter from our new presidential team, Suzi and Laura, letting you know what our plans are for the upcoming year. You do not want to miss any of it, so if you have not already done so, please mail your \$25 dues in the completed remittance envelope.

If your phone number or mailing address has changed, please let us know so that we can update our roster and mailing list. Contact Armelle, [rmlvanfutt@gmail.com](mailto:rmlvanfutt@gmail.com), with any questions regarding your membership status, or just to chat.

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## **Visit Jane Purkey Memorial Bench September 22**

*Picnic area, Piper Park, Larkspur*



A memorial bench has been installed in Piper Park to honor our dear friend and CMWIC member Jane Purkey. Join Linda Varonin and Armelle Futterman on Thursday, September 22, at 10:00 AM at the Piper Park picnic area for a short walk to her bench, where we will celebrate her memory and our friendships.

If you wish, bring small flowers or blooms to create little memorial rafts.

Please **RSVP**

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## **Marathon Bridge Set for September 20**

**Unless Health Department Advises Against It**

*CM Community Center*

The Marathon Bridge Group will meet at the Community Center on Tuesday, September 20, from 11:00 AM to 2:30 PM unless there is a Covid surge that makes it too risky.

Contact Jana Haehl at [jghaehl@comcast.net](mailto:jghaehl@comcast.net) or 415-265-1105 if you have questions or would like to join.

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## **Ladies Who Lunch Trying Guatemalan Restaurant September 20**

*767 Lincoln Ave., San Rafael*

Ladies Who Lunch will explore the Guatemalan restaurant El Lucerito at 767 Lincoln Ave., San Rafael at 11:30 AM on Tuesday, September 20. The restaurant is located directly behind Sprouts grocery store and that may be a convenient place to park. There are plenty of tables outside and the food is delicious. (Linda always tests the restaurant choices before choosing a spot!)

Please RSVP to [linda.varonin@gmail.com](mailto:linda.varonin@gmail.com) so we can choose a table large enough. All members are welcome.

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### **Knitting Group to Meet September 27**

*CM Community Center*

On Tuesday, September 27, the knitting group will be back in the Corte Madera Community Center for our knitting time at 11:00. Please wear a mask.

Even if you are not a proficient knitter, you can come and see our simple to difficult projects and learn where they will be sent. We love to share and inspire!

Please RSVP to [linda.varonin@gmail.com](mailto:linda.varonin@gmail.com).

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### **Book Group Meets September 27**

*CM Community Center*

The Book Group will meet on Tuesday, September 27 at 1:00 PM to discuss "The Lincoln Highway" by Amor Towles. If the weather is agreeable, they will meet outdoors.

The group is open to all CMWIC members. For more information, please contact Marion Bank at [mbank15@gmail.com](mailto:mbank15@gmail.com).

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### **"Enriching Lives Through Music" Seeks Volunteer Reading Buddies**

You can become a Reading Buddy! Each volunteer will:

- Be paired with one elementary school student for the duration on the 22-23 school year
- Read with student for one hour a week
- Receive training and guidance from an experienced educator

You can help provide a student with the tools to become a confident, empowered reader.

**Contact: [Megan@ELMPROGRAM.ORG](mailto:Megan@ELMPROGRAM.ORG)**

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*Vicki Larson photo by Penni Gladstone*